





HAPPINESS HACKS:

Feel good, do good, and stop obsessing about Jewish Identity

12.14.16

Presenter Profiles
In order of appearance





Michelle Citrin

Michelle Citrin is a dynamic, award-winning Brooklyn-based singer/songwriter and producer whose music is celebrated in Jewish communities around the world. With YouTube viral video hits, "20 Things to do with Matzah," "Rosh Hashanah Girl" and "Call your Zeyde" reaching millions of hits, the press calls Michelle a "YouTube"

sensation!" Inspired by Rav Kook's, "What is old make new, what is new make holy," Michelle sets out to find connection points to our tradition's

Wisdom and culture in an easily accessible way. Recently, <u>Time.com</u> listed Michelle in their Top 10 Jewish rock stars and Jerusalem Post calls Michelle, "The Jewish IT girl." For more info, please visit <u>www.michellecitrin.com</u>



Aliza Kline

Aliza is a dynamic leader, and social entrepreneur who has served as the founding executive director of two successful startups: OneTable, a new online and in-person hub for young adults to create and share Shabbat dinners; and Mayyim Hayyim Community Mikveh and Education Center, an international model for re-imagining Jewish ritual open to the full diversity of the Jewish community. Aliza was awarded an Avi Chai Fellowship (best described as the "Jewish MacArthur Genius Grant"). Aliza is also an experienced consultant: clients include Advancing Women Professionals and the Jewish Community, The Jewish Education Project and UpStart Bay Area. A trained coach, Aliza has worked with clients throughout North America and Israel. Aliza earned her Bachelor's degree History and Psychology Washington University in St. Louis and her Master's in Public Administration from New York University.



Dan Ariely

James B. Duke Professor of Psychology and Behavioral Economics at the Fuqua School of Business, Dan studies how people actually act in the marketplace, as opposed to how they should or would if they were rational beings. Dan's bestselling books about behavioral economics include Predictably Irrational: The Hidden Forces that Shape Our Decisions, The Upside of Irrationality, The (Honest) Truth About Dishonesty, and most recently, Irrationally Yours: On Missing Socks, Pickup Lines, and Other Existential Puzzles.



Rabbi Shira Stutman

As Sixth & I's Senior Rabbi, Shira's focus is to make Jewish meaning and build Jewish community for young professionals. She supports a number of boutique communities, including workshops for interfaith couples and those interested in joining the Jewish community. When not at Sixth & I, Shira serves as the scholar-in-residence for the National Women's Philanthropy program at the Jewish Federations of North America. Shira is also a member of the board of directors of Jews United for Justice and on the J Street rabbinic cabinet. Shira graduated from the Reconstructionist Rabbinical College in 2007, where she was a Wexner Graduate Fellow. She is an alumna of Columbia University and the Charles E. Smith Jewish Day School. Her favorite t-shirt reads: "This is what a real rabbi looks like."



Simeon Darwick

Simeon is a Massage Therapist who is also trained as a Health Counselor, Yoga Instructor and group facilitator. He lives to inspire joy and health. He has been teaching and coaching nationally and internationally since 2007. His most recent locations have been the Omega Institute, Blue Spirit Retreat Center and Eden Village Camp. You can find Simeon in Ithaca, NY practicing Massage Therapy at Padma Center for Nature Therapies, Ithaca Free Clinic, Hospicare and Rasa Spa.



Aryeh Ben David

A world-renowned educator, Aryeh is committed to "plucking the soul strings" of teachers and students alike in order to transform how we learn and grow. He is the founder of Ayeka: Center for Soulful Education. which trains educators of denominations, including campus professionals, and staff of middle and high schools, o how to teach Jewish subjects with more soulfulness, personal meaning and impact on life. Formerly, he was senior faculty member and director of spiritual education at the Pardes Institute in Jerusalem. He has been the keynote speaker for national conferences of Reform. Conservative and Orthodox rabbis and has served as the educational consultant for Hillel International for three years.