





Feel Good, Do Good, and Stop Obsessing about Jewish Identity



9:30 AM - 2:15 PM

Program

- 9:30 10:00 Registration
- 10:00 11:30 Session One Exploring Happiness
 - Personal Happiness

ALIZA KLINE, Executive Director, One Table @alizakline

Setting the Scene

AARON DORFMAN, President, Lippman Kanfer Foundation for Living Torah

What Makes Us Happy?

PROFESSOR DAN ARIELY, James B. Duke Professor of Psychology and Behavioral Economics at Duke University

A Jewish Response to Happiness

RABBI SHIRA STUTMAN, Senior Rabbi, Sixth & I @rabbishira

Kol Haolam Kulo

MICHELLE CITRIN, Singer/Songwriter & Producer, Nite Owl Productions @michellecitrin

Happiness and the Paradox of Choice

PROFESSOR DAN ARIELY, James B. Duke Professor of Psychology and Behavioral Economics at Duke University

It's a Mitzvah to be Happy

SIMEON DARWICK, Massage Therapist, Laughter Therapist, Holistic Health Counselor, and Yoga Instructor

11:30 - 12:00 Award Lippman Kanfer Prize for Applied Jewish Wisdom

Expressing Gratitude

DAVID BRYFMAN, Chief Innovation Officer The Jewish Education Project @bryfy

- 12:10 1:00 Lunch and Networking
- 12:10 2:15 Session Two Reflecting on Happiness
 - How Can We Be Happier?

PROFESSOR DAN ARIELY, James B. Duke Professor of Psychology and Behavioral Economics at Duke University

A Jewish Education Response to Happiness

JON WOOCHER, Senior Fellow, Lippman Kanfer Foundation for Living Torah

Happiness in Jewish Education

ARYEH BEN DAVID, Founder and Director Ayeka, Center for Soulful Education

Happiness as a Reflective Practice

DAVID BRYFMAN, Chief Innovation Officer The Jewish Education Project @bryfy

Someday

MICHELLE CITRIN, Singer/Songwriter & Producer Nite Owl Productions @michellecitrin

2:15 – 2:30+ Structured Networking (optional)





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