



A Symposium for Jewish Professionals



March 16, 2017
UJA Federation of New York
130 East 59th Street, New York | \$25

Join us for a day devoted to creating a positive environment for our teens! We will present a unique psychological framework within which to understand adolescent development, one that enables educators and other youth professionals to promote a healthy journey from childhood to adulthood.

REGISTER NOW

Schedule of the Day:

9:30 - 10:00 Check in

10:00 - 11:00 **Keynote: Striving and Thriving: Opening the Doors to Adolescent Growth with Dr. Brad Sachs**

11:00 - 12:00 **Panel Discussion: What does healthy risk-taking look like?**

With Mara Yacobi (Jlovesandvalues), Rabbi Marc Katz, Tamara Cohen (Moving Traditions), Sharon Darack (JACS), and Dr. Brad Sachs

12:00 - 1:00 **Networking Lunch**

1:00 - 2:15 **Breakout Sessions:**

- **Relationships 101: Helping Youth Recognize the Qualities of a Healthy Relationship**
- **Loneliness and the Jewish Teen**
- **Gender Matters: Thriving for Teen Boys, Teen Girls, and Beyond**
- **Addiction in Jewish Community**
- **Discomfort or Disorder? Making Sense of Adolescent Behavior**

2:15 - 3:15 **Teen Drama: It's Not Just an Act!** with Fran Mendelowitz at InterACT NY

Watch real teen drama come to life! Trained actors will take you inside the lives of today's teens and disclose some of their interpersonal and intrapersonal challenges. You will have an opportunity to jump into their stories and help them to learn new and healthier ways to cope with social and emotional problems that arise during adolescence.

3:15 - 4:00 **Reflections & Wrap-up**

For more information please visit our website www.JewishEdProject.org or contact Pam Barkley at pbarkley@JewishEdProject.org or Les Skolnik at lskolnik@JewishEdProject.org

