

Fall 2015 I-Select Mitzvah-Based

Sign up for a “Theme”

PLEASE CHECK THE DAY/DATES AND TIMES for each program/site.

1) Bikkur Cholim (ideas)

- * **King Street Rehab (contacts Beverly Peltz)** **Sunday, Nov 1st 10:45-11:45**
787 King St, Rye Brook
Work on a planned activity with some of the patients. Your visit will be uplifting to both the residents and to you!

- * **Atria Senior Living (contact: Caren Kern)** **Sunday, Nov 15th 2:00-4:00**
1200 King Street, Rye Brook
Spend some time on a Sunday afternoon playing games and doing a project with some seniors in our community

2) Hunger

- * **Food Bank for Westchester, (contact: Nancy Lyons)** **Sunday Nov 1st (time tba)**
200 Clearbrook Road, Elmsford, NY 10523 **but TOTAL of 15 spots)**
Work at the county’s largest distribution center, supplying many soup kitchens and food pantry’s with supplies for the hungry.

- * **Don Bosco –Food Pantry (contact: Fred Goodman)** **Saturday, Nov 14th 8:00-9:30**
22 Don Bosco Place, Port Chester
Work the second half of the Don Bosco Food Pantry’s Saturday morning shift (they open at 6:00 am!!) You’ll learn how this pantry serves the many folks it does.

3) Poverty/Direct Services

- * **Afya Foundation (contact: Tarsha Herbert)** **Sunday, Nov 1st 9:00-11**
140 Saw Mill River Rd, Yonkers, NY 1070
Learn about the global health crisis and do something about it. Sort and organize donated medical supplies for peoples and countries in desperate need.

- * **Don Bosco—games/read (contact: Margaret Diaz)** **Saturday, Nov 14th 9:30-11:30**
22 Don Bosco Place, Port Chester
Meet at the Don Bosco center and learn about all the things they do to help the community. Then take time to either play games or read books to the children there.

4) Environment/ Shomeir Adamah

- * **All About Composting** **Saturday, Oct 31st 8:45-10:45**
Here in the CSR Social Hall. Learn all about this green initiative from CSR’s own, Rick Abrams, and see how you can decrease the amount of garbage you bring to the curb each week.

- * **Marsh Lands Conservancy (Contact: Scott Williams)** **Sunday, Nov 15 11:00-12:30**
At the Marshland Conservancy, 220 Boston Post Rd, Rye **Nature Walk & Lesson**
Join Marshland’s Director, Scott Williams on a tour of the marshland and learn from them how to take care of the environment.