

## Passover Prep!!

#### Pre-Pesach activities will help you:

- Connect with those near and far, old and young, friends & family
- Inject enthusiasm in both your pre-Seder activities and your Seder experiences
- Use the Jewish lens to provide support, wisdom and depth
- Leverage the differences to generate excitement and infuse meaning (this Pesach is already different!)



# Interview- Far Away Loved Ones and Family members.

- Interview family members beforehand about how they celebrated Passover, or some of their earliest family memories.
- Ask them what is their favorite or earliest Pesach memory.
- Share these stories at the Seder.
   (Storytelling/Maggid) Consider bringing photos to the Seder of the person who was interviewed.



# Sing. Sing a song. Sing it loud. Sing it strong!

Learn/sing <u>Mah</u>
 <u>Nishtanah</u> and/or <u>Dayenu</u> and other favorites from the Hagaddah

With the Maccabeats or PJ library!

What sites do you like?



## Lend a Helping hand

- Humanity: What is an act of kindness that you have seen or heard about that demonstrates how we partner with God and are created in God's image?
- Who can you help to lend a hand, and how?

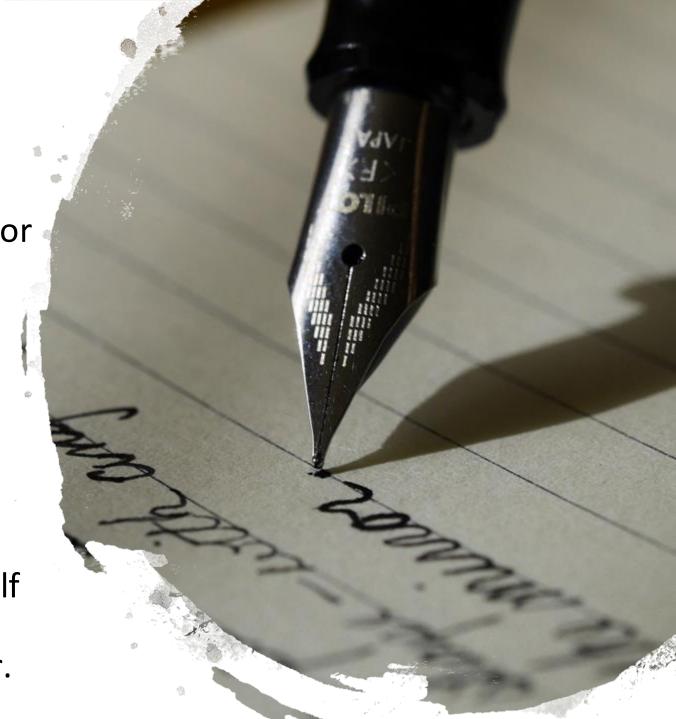


# Connect with those who cannot be with you...

 Reach out to via a note, a text, phone or facetime to a friend or relative who would usually be at your Seder.

 Share a favorite Passover memory of being with that person/grandparent.

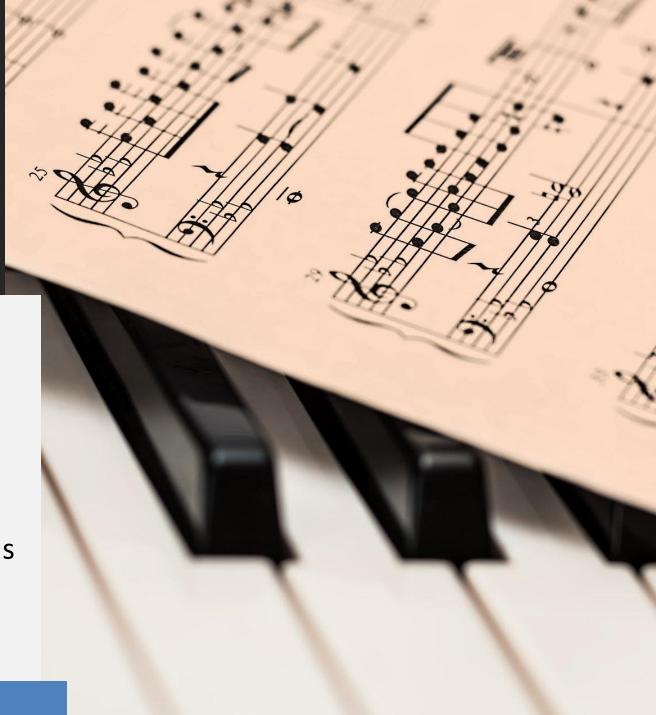
 Consider sending photos of yourself to this special person or bringing photos of this person to your Seder.



# And Now a Word from our Sponsor –

• Take a commercial break during the Seder! Write a commercial for something that is in the Haggadah. For example, Why wash hands? (*Urchatz/Rachtzah*)!

 Scatter these commercials written by friends and family throughout the Seder.





## Creating and Deepening Connections

Interview family members beforehand about how they celebrated Passover, and capture some of their favorite and/or earliest family memories.

Share these stories at the Seder (Storytelling/Maggid). Consider bringing photos to the Seder of the person who was interviewed.





# Create a Song Parody and Present it at your Seder or send to friends, relatives...

- Share Passover parodies, encourage learners/families to write their own parodies.
- Work in groups- video selves singing their parody.
- Present and send the videos to their family, friends, congregation, etc.
- "Chozen" A Frozen Passover Adaptation by 613
- Dayenu, Coming Home The Fountainheads Passover song
- The Maccabeats Les Miserables Passover
- Seder Songs: Song Parodies to Add Pizzazz to Your Seder

What have you used?



## Assign parts

Assign participants parts to prepare for your Seder.

- A play
- A pantomime
- A guessing game (20 or 4 questions!)
- Create your own list of modern

plagues



# Activities and discussions inspired by parts of the Seder



#### Kadesh - Holiness of time

Pesach is a holy time - it's different from the everyday.

On Pesach, we usually come together with friends and family. With our new "normal," we have had a lot of time with our immediate family, but not with others.

Name one shared family experience that you will treasure which happened because we all needed to be at home. Family members write a few sentences about this before the Seder - can share with wider family virtually. Discuss at Seder.





### The Four Cups

Before reciting the blessing for each cup, participants can give a "toast" to honor others.

It might be a toast to honor a family member or friend, it might be a toast to the people who are stocking our grocery shelves, medical personnel, etc.



#### **Urchatz and Rachtzah**

Discussion: Explain that "hand-washing" is so important that it is a set part of the Seder (actually 2 parts of the Seder). The first hand-washing is symbolic; the second prepares us to say *motzi* and eat bread (matzah).



How have your hand-washing habits and thoughts on hand-washing changed over the past month?



#### Karpas



Karpas represents springtime and renewal.

What is something new you have learned or are learning during this time?



#### **Yachatz**

We are all in this together.

Watch Israelis sing B'Shanah Ha'Ba'ah together.







## Maggid: The telling of the Pesach story

The children of Israel and their leader Moses used their character strengths to get through hard times and move from slavery to freedom. Tell a story about one way you or a family member has used your own superpowers (character strength) to help yourself and others during this unusual time.

Mah Nishtanah: Write your 5th question - related to this year. Perhaps include a food or a prop as part of your question.





#### Korech – Hillel Sandwich

Something bitter and something sweet.

Share what is bitter and sweet about this year's Pesach.



#### Hallel

Before the Seder, craft praises for family, friends, people in the community and share during.

Children share their own illustrations of parents doing things to get ready for Pesach and thank parents for making Pesach possible.







#### Nirtzah:

What are your hopes for Next Year?



בשנה הבאה



## jewishedproject.org/coronavirus

